

Menu

Served with Rice, Cabbage mix and Sweet potato noodle

on
1000ml
Bowl

0. Combo Bap Two different choices of topping menu item £9.55

K-Food on the Bap

1. Tofu Bap Fried Tofu £7.45 
2. Man Du Bap Fried Chicken Dumpling (4pcs) £7.45
3. Jap Che Bap Sweet potato Noodles £6.95 

K-Chicken on the Bap

4. KFC Bap Korean Fried Chicken (Yang Nyum Chicken) £8.25 
5. Katsu Bap Fried Chicken Katsu with Curry sauce £8.25
6. Kang Jung Bap Fried Chicken with Sweet & Sour Sauce £8.25
7. Sweet Soy Bap Fried Chicken with Sweet & Soy Sauce £8.25

Bulgogi BBQ on the Bap

8. Beef Bap Korean Beef Bulgogi BBQ £8.75
9. Pork Bap Korean Spicy Pork Bulgogi BBQ £8.75 
10. Chicken Bap Korean Chicken Bulgogi BBQ £8.75

Bulgogi (불고기) : Cooked meat with fire or stir fried with Korean sauce

Bibim Bap

11. Vegetable Bibim Bap
Rice with seasoned vegetable, mix with Go Chu Jang £8.45 
12. Bibim Bap with Topping
Vegetable Bibim Bap with choice of one Topping £9.95 

Noodle in Soup Fish soup base with thick noodle (Guk Su/Udon)

13. Katsu Guk Su Noodle soup with Katsu Topping £8.00
14. Man Du Guk Su Noodle soup with Chicken Man Du Topping £8.00
15. Tofu Guk Su Noodle soup with Fried Tofu £7.95

Sides

16. Man Du Set Korean Chicken Dumpling 4 PCS with sauce £2.95
17. Kim Mari Set Fried sweet potato noodle wrapped in Seaweed 4PCS £3.25 
18. Ttok-Bok-Ki Korean Rice cake with Spicy Ttok-Bok-Ki Sauce £4.45 
19. Kim Chi Korean Kim chi £2.95 

Korean Chicken Box (Chicken Only)

20. Korean Chicken Box KFC + Kang Jung + Sweet Soy Chicken in a Box £17.95

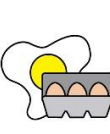
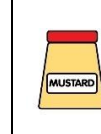
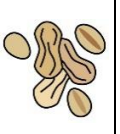
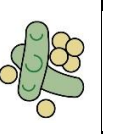
In Korean, "Bap" (밥) means "cooked rice" or a "meal."

Prepared daily from scratch.

밥이보약



Dishes and their allergen content. (M.C – May contain traces of)

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
1. Tofu Bap Without Sauce		0											0	
2. Man Du Bap		0	M.C	M.C	M.C			M.C				0	0	0
3. Jap Che Bap		0											0	
4. KFC Bap		0		0								0	0	0
5. Katsu Bap Without Curry Sauce		0		0										
6. Kang Jung Bap		0		0								0	0	0
7. Sweet Soy Bap		0		0								0	0	0
8. Beef Bap		0										0	0	0
9. Pork Bap		0										0	0	0

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The Bap Nutrition infromation					
Menu	Carbs (g)	Protein (g)	Fat (g)	Sugar (g)	Calories (kcal)
K-Food on the Bap					
Tofu Bap. (4 PCS)	108	21	20	6	690
Man Du Bap	115	18	22	6	720
Jap Che Bap	128	12	17	14	700
K-Chicken on the Bap					
KFC Bap	122	29	26	20	930
Katsu Bap	118	31	27	6	920
Kang Jung Bap	134	28	23	25	950
Sweet Soy Bap	126	29	22	15	900
K-BBQ on the Bap					
Beef Bap	100	44	28	16	810
Pork Bap	100	42	32	18	830
Chicken Bap	96	48	20	12	750
Bibimbap					
Vegitable Bibim Bap	102	9	6.5	19	489
Bibim Bap + Fried Tofu	114	22	22.5	21	749
Bibim Bap + KFC	137	31	28.5	37	989
Bibim Bap + Katsu	137	35	32.5	25	985
Bibim Bap + Kang Jung	152	31	26.5	30	990
Bibim Bap + Sweet Soy	144	31	24.5	31	969
Noodle in Soup					
Kastu Guk Su	76	18.4	12.4	4.4	520
Chicken Man Du Guk Su (2PCS)	78	13	11	4	470
Tofu Guk Su	68	14.5	10	3	440
Side					
Chicken Man Du Set (4 PCS)	10	32	18	4	320
Kim Mari Set (4 PCS)	4	34	14	2	280
Tteok-Bok-Ki	79.4	6	3	15.9	357
Kim Chi	6.8	3.4	0	3.4	43
Bap (Rice) only	42	4.1	0.5	0	195
Jap Chae (Noodle) only	48	3	4.5	9	255
Katsu Curry Sauce	21.3	2.1	6.4	8.5	149